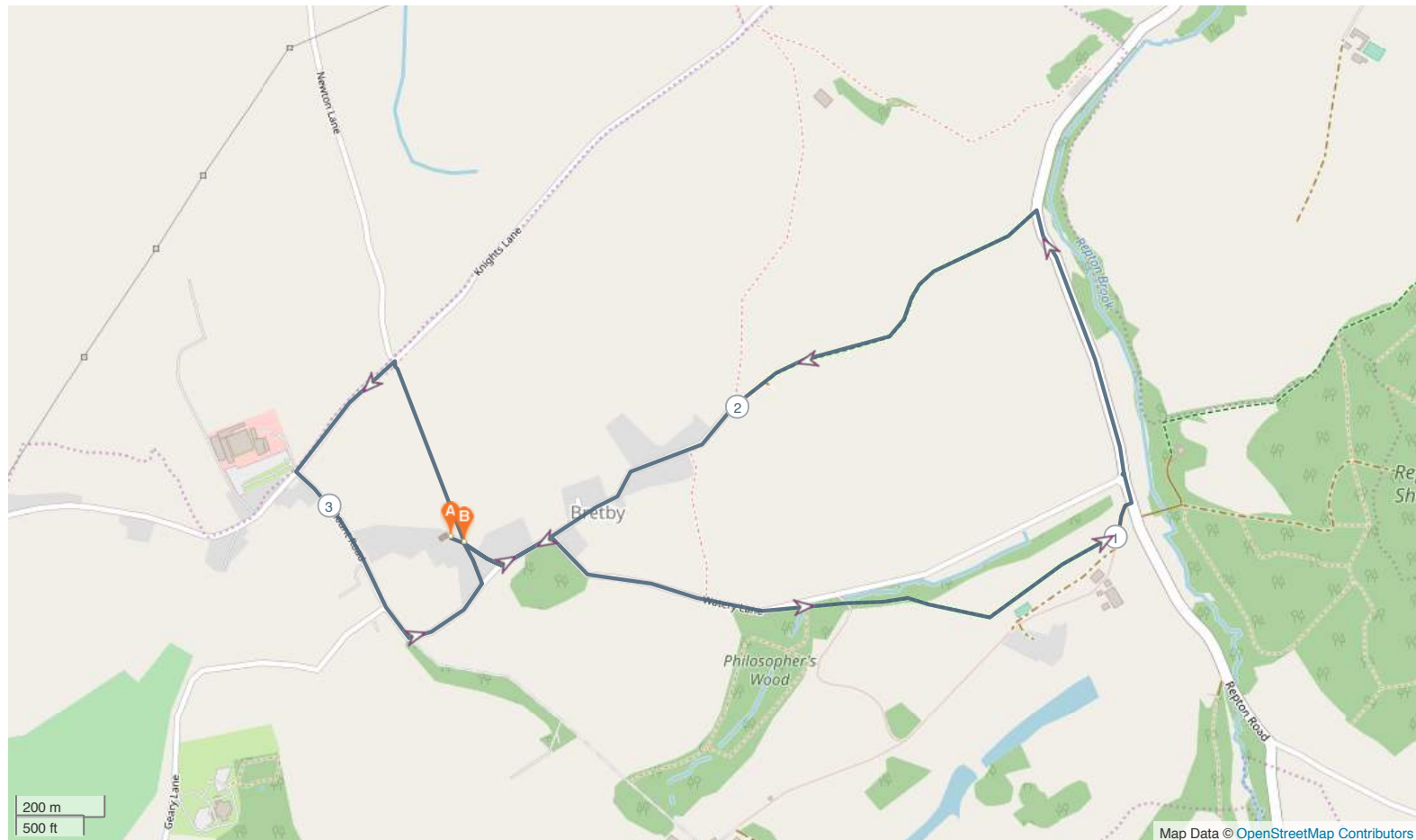


Bretby Church - Psalms



Start & Finish:
St Wystan's Church
3.5 miles

Bretby Church – Watery Lane – Repton Road – Bridle Way to Town Farm –
footpath to Hill Farm – Knights Lane – Footpath to St Wystan's Church

Before stepping out...

All O Lord, open our lips
and our mouth shall proclaim your praise.

All Send your Holy Spirit upon us,
and clothe us with power from on high. Alleluia.

Blessed are you, creator God,
to you be praise and glory for ever.
As your Spirit moved over the face of the waters
bringing light and life to your creation,
pour out your Spirit on us at this time
that we may walk as children of light
and by your grace reveal your presence.
Blessed be God, Father, Son and Holy Spirit.

All **Blessed be God for ever.**

Before we go home...

Almighty God,
your ascended Son has sent us into the world
to preach the good news of your kingdom:
inspire us with your Spirit
and fill our hearts with the fire of your love,
that all who hear your Word
may be drawn to you,
through Jesus Christ our Lord.

All **Amen.** *The Prayer for Thy Kingdom Come*

Being made one by the power of the Spirit,
let us pray with confidence as our Saviour has taught us
All **Our Father, who art in heaven ...**

May the Spirit kindle in us the fire of God's love.
All **Amen.**

Let us bless the Lord. Alleluia, alleluia.
All **Thanks be to God. Alleluia, alleluia.**

The Prayer for Thy Kingdom Come

Almighty God,
your ascended Son has sent us into the world
to preach the good news of your kingdom:
inspire us with your Spirit
and fill our hearts
with the fire of your love,
that all who hear your Word
may be drawn to you,
through Jesus Christ our Lord.

Other Prayers

Holy God,
faithful and unchanging:
enlarge our minds with the knowledge of your truth,
and draw us more deeply into the mystery of your love,
that we may truly worship you,
Father, Son and Holy Spirit,
one God, now and for ever.

Lord Christ, true light of the world,
shine, we pray, in the hearts of your people,
that we might see the Way that leads to eternal life,
and follow without stumbling;
for you are the Way, O Christ,
as you are the Truth and the Life.

Glory to God,
whose power, at work among us,
can do infinitely more
than we can ask or conceive;
to him be glory in the Church and in Christ Jesus,
for ever and ever.

Alleluia. Amen.

Ephesians 3.20-21

PSALMS

Prayer Walking

The point of prayer walking isn't about being seen to pray; it's about seeing and praying. You can pray quietly with others or in silence if it makes you feel more comfortable. However, don't be afraid to pray out loud if you feel compelled to.

Psalm 23 (*The Divine Shepherd*)

- 1 The Lord is my shepherd, I shall not want.
- 2 **He makes me lie down in green pastures; he leads me beside still waters;**
- 3 he restores my soul.
He leads me in right paths for his name's sake.
- 4 **Even though I walk through the darkest valley, I fear no evil; for you are with me; your rod and your staff – they comfort me.**
- 5 You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows.
- 6 **Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord my whole life long.**

Psalm 121 (*Assurance of God's Protection - A Song of Ascents.*)

- 1 I lift up my eyes to the hills - from where will my help come?
- 2 **My help comes from the Lord, who made heaven and earth.**
- 3 He will not let your foot be moved; he who keeps you will not slumber.
- 4 **He who keeps Israel will neither slumber nor sleep.**
- 5 The Lord is your keeper; the Lord is your shade at your right hand.
- 6 **The sun shall not strike you by day, nor the moon by night.**
- 7 The Lord will keep you from all evil; he will keep your life.
- 8 **The Lord will keep your going out and your coming in from this time on and for evermore.**

Psalm 42: 1-5 (*Longing for God and His Help in Distress*)

- 1 As a deer longs for flowing streams, so my soul longs for you, O God.
- 2 **My soul thirsts for God, for the living God. When shall I come and behold the face of God?**
- 3 My tears have been my food day and night, while people say to me continually, 'Where is your God?'
- 4 **These things I remember, as I pour out my soul: how I went with the throng, and led them in procession to the house of God, with glad shouts and songs of thanksgiving, a multitude keeping festival.**
- 5 Why are you cast down, O my soul, and why are you disquieted within me? Hope in God; for I shall again praise him, my help and my God.

Psalm 8 (*Divine Majesty and Human Dignity*)

- 1 O Lord, our Sovereign, how majestic is your name in all the earth!
You have set your glory above the heavens.
- 2 **Out of the mouths of babes and infants you have founded a bulwark because of your foes, to silence the enemy and the avenger.**
- 3 When I look at your heavens, the work of your fingers, the moon and the stars that you have established;
- 4 **what are human beings that you are mindful of them, mortals that you care for them?**
- 5 Yet you have made them a little lower than God, and crowned them with glory and honour.
- 6 **You have given them dominion over the works of your hands; you have put all things under their feet,**
- 7 all sheep and oxen and also the beasts of the field,
- 8 **the birds of the air, and the fish of the sea, whatever passes along the paths of the seas.**
- 9 O Lord, our Sovereign, how majestic is your name in all the earth!

